



Have you ever felt that losing your mother was much more than a physical death or loss of nurturing? The emotional loss is almost as overpowering. Have you wondered if there are other women who feel the same way and long to connect to each other?

You are not alone.

Maybe you've never even talked about your mother loss experience because it's just too painful or uncomfortable. You need to read on...this is for you, your time to be affirmed, feel loved, have some time to quiet yourself and reflect and begin healing.

The Journey focuses on mother loss & its effect on your life, how her absence shapes your identity, influences your style of mothering and relationships, how your grief surfaces throughout your lifetime, and how you experience living beyond your mother's final years. This could literally change your life. Are you ready?

The Journey: Healing the Wounds of Mother Loss One Step at a Time is offered in several formats. Pre-registration required. Go to the website for the current offering and to register.



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